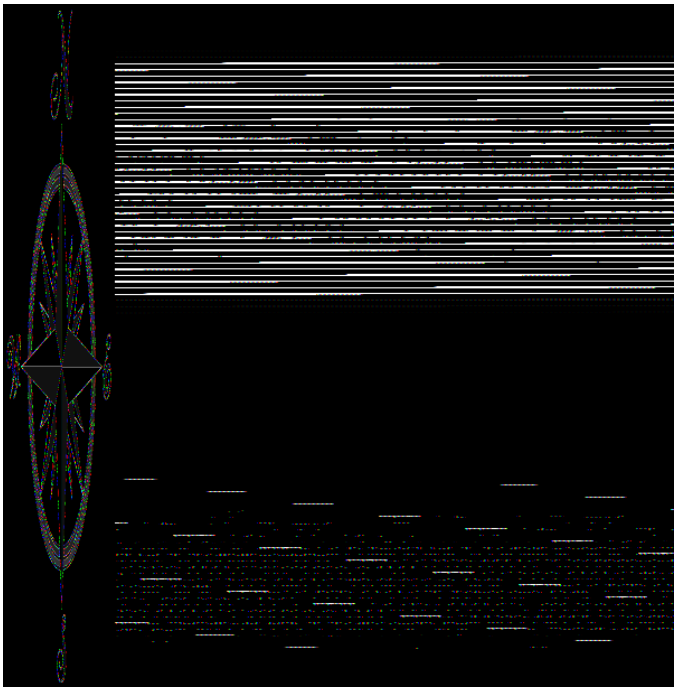
RICHARD FLINT
SEMINARS

Navigating The Currents That Create Your Future

Your life is always in transition! To get to the destination you want, you must navigate the channels of life and business with a clear purpose, agenda, and commitment.



Personal Study Guide

Written by Richard Flint, CSP

One minute is all it takes to start improving your life. One minute a day to get you focused and then, off you go towards success and happiness!

Just one minute…

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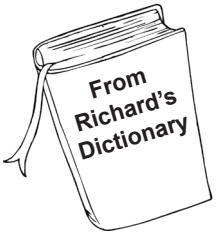
Beginning Passage:

The waters of life and business have many different ways to present themselves. Experiences from yesterday have either prepared us to view today as a current we can manage or created the fear that will keep us tied to the dock. Remember, the current is always present and always moving.

From Richard's Dictionary • Terms To Define



Navigation:

The plan you have put in place that will create how you handle the different currents you will face.

The Power of the Word "Navigation:"

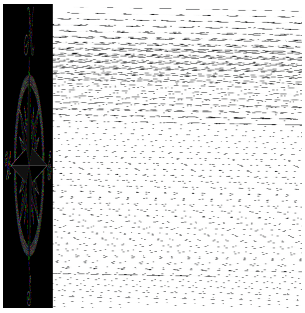
P provides a plan for change

O observes and monitors the course

W works to keep things on the right course

E everyone has a role in the journey

R reveals where you are headed



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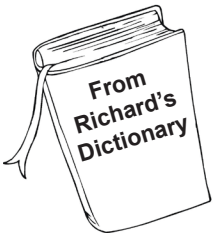

Current:

The pace we have designed that will either give us the control to go forward or make the current so rough we are fearful to let go and move forward.

Channel:

The pathway we have charted our course through.

Dock:

The place where you feel safe from the rough waters.

Experiences:

What you have taken from yesterday to help you navigate the current you are handling today.

Passage:

The skill to keep your life and business between the markers.

Markers:

The buoys that show you the right way forward.

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Passage:
The current is always changing, so you must always pay attention to the current; it is what controls your ability to navigate the direction.

The Current You Face Will Be Filled With:

C confusion or clarity
U underestimating or being prepared for
R reaction or response
R resisting or improving needed course corrections
E experiences that are negative or positive
N narrow or open-minded thinking
T tough or manageable waters

Passage:
The currents are always changing. The means the current will always demand your full attention to navigate.

NOTES

The Passage You Are Navigating Will Demand:

P patience
This is the key component to handling the shifting of the current.

A adjustments
There will always be the unpredictable that will demand course corrections. Without the corrections, there will be major struggles, some of which can sink the ship.

S sense of direction
If the direction is not clear, you can become lost before you know you are lost.

S sound decision-making
Keeping the ship moving forward demands you don't procrastinate with decision-making.

A a crew working together
Without the full attention of those who are with you going forward, there will be a crash that results in damage.

G getting through the rough waters
As much as you might want the waters to always be calm, there will always be rough waters to navigate through.

E expectations planned and prepared for
Without proper planning and preparation, any change in the current will send you off course.

NOTES

Passage:
When you stop paying attention to the current you are navigating, choices that are made can sink the ship!

Most Ships Sink Because of:

S someone isn't paying attention to the channel markers
I interest in keeping the ship going forward has dwindled
N noticing, rather than paying attention to "what is"
K keeping the wrong people at the helm

Passage:
Once your ship starts to sink, it is very difficult to keep it afloat!

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7 Keys To Navigating The Channel You Are Sailing

A Must Understanding:

There can only be one Captain surrounded by a crew that shares Purpose, Agenda, and Commitment. Without this, there will be constant clashes which weaken and can destroy the journey.

Continually Challenge Yourself To Improve Your Navigation Skills.

If you are the Captain, you must constantly be improving your skills to be able to handle shifting currents. If you are not prepared, you can make decisions that will sink the ship!

Strengths This Key Creates:

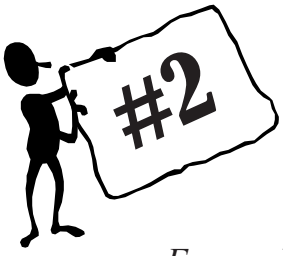
K keeps your mind centered on improvement

E education becomes a continual part of your life

Y your foundation becomes stronger

NOTES

7 Keys To Navigating The Channel You Are Sailing



Have The Belief, Trust, and Faith In Yourself That Allows You To Be Focused on Navigating The Shifting Current.

Every choice you make will be made based on your Belief, Trust, and Faith you have in yourself. When these three are not strong, doubt, worry, and uncertainty will take over. The result will be a loss of focus that can sink the ship.

Strengths This Key Creates:

K keen sense of monitoring channel makers

E every choice has a strength foundation

Y your confidence becomes more apparent

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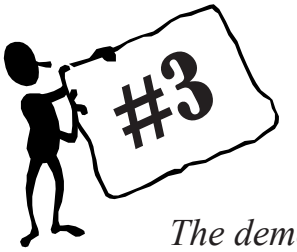

Align Your Behaviors That Have To Be Done To Keep The Ship Under Control.

The demonstration of your Belief, Trust, and Faith in yourself will be defined by your Behavior. The stronger these three are in your life, the more confidence you will bring to the decisions that must be made. When they are weak, you can get off course, which can sink the ship.

Strengths This Key Creates:

K keeps you from becoming a contradiction

E each step you take has an understood purpose

Y your behavior becomes your measuring stick

NOTES

7 Keys To Navigating The Channel You Are Sailing

Never Listen To The Soothsayers.

Always remember, the soothsayers are about abandoning the ship.
They are constantly bringing negatives to every decision.

Strengths This Key Creates:

K keeps your choices on a positive path

E exposes negative people's real agenda

Y you take control of your environment

NOTES

7 Keys To Navigating The Channel You Are Sailing

"Now" Is Where You Make The Choices To Keep The Ship Moving Through The Moments of Rough Waters.

The only moment of decision you have is NOW! This is where you are tested and your belief, trust, and faith is clearly seen. Make the wrong choice, and you can sink the ship.

Strengths This Key Creates:

K keeps you focused on where you are now

E each decision is tied to keeping the channel clear

Y you are prepared to make today a plan for improvement

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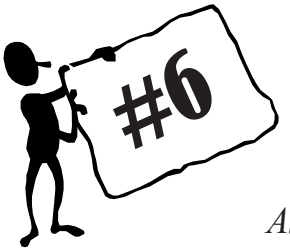

Expect There To Be Rough Waters and Make Sure You Are Prepared To Navigate Through.

As the current changes, your preparation as Captain is seen by all the people. They must trust you can take the ship through the rough waters.

Strengths This Key Creates:

K keeps you at a manageable pace

E experiences create lessons

Y you never stop preparing yourself

NOTES

7 Keys To Navigating The Channel You Are Sailing

Listen and Learn From Those Who Have Sailed The Channel Before You.

The greatest classrooms of life are where those who have "seen it before" share knowledge and experience with you. Be sure you listen! There experience can keep you headed in the right direction.

Strengths This Key Creates:

K keeps your mind open, looking, and listening

E encouragement is there for you

Y you are not alone

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Last Passage:

There will always be shifting currents. When you can manage these shifting currents through your Belief, Trust, and Faith you have in YOU, you gain the respect of those around you, create a partnership where there is the spirit of togetherness, and you, as Captain, provide the leadership that gets you to the other side with everyone finding success. As Captain, you are there to guide and strengthen the Belief, Trust, and Faith in those who make up your crew.

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